

If You Have Been Diagnosed with COVID-19

PLEASE STAY HOME!

How to protect those you live with?

Stay at home, in a room with the **window open**, if possible close the vent. The virus is air borne and we want to avoid having it circulate through the house.

Keep away from others in your home as much as you can.

Wear a mask when you leave the isolation room and anyone entering the room should also wear a mask.

Everyone in the home must - **wash your hands properly and often!**

Use your own towel, utensils, and linen – do not share items that may spread the virus.

STAY HYDRATED!!! This is really important when we are ill!!!